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5 years performing bench work for  
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analysis, and breath alcohol calibration

4 6 years in Management  
Supervised Controlled Substance and  
Toxicology

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**Headspace Gas Chromatography with a Flame Ionization Detector**

David Zimmerman, MS

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**Disclosures**

The opinions provided in the presentation are of the author and not the opinion of the Kern County District's Attorney Office.

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**Learning Objectives**

- 1 Understand what headspace sampling is, how it is used, and why it is used in Forensic Toxicology
- 2 Understand what Gas Chromatography is and how to modify/develop a method
- 3 Understand what a Flame Ionization Detector is and why it is used in Forensic Toxicology

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**Headspace Gas Chromatography with a Flame Ionization Detector**

**Instrument method used to analyze volatile sample**

- Headspace (HS) – Type of sampling
- Gas Chromatograph (GC) – Separates the compounds
- Flame Ionization Detector (FID) – Detects compounds

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**What is Headspace?**

**Class Half Full or Half Empty?**

**Completely Full!**

**Headspace**  
Gas phase above a liquid sample in a sealed vial



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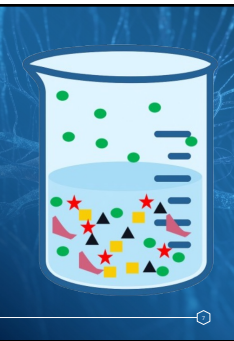
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### Why Sample the Headspace?

- Blood or Urine Matrix
- Lipids, phospholipids, electrolytes, water, protein, drugs, or alcohol
- Removes Interferents
- Dilute and shoot sample prep
- Only volatile compounds are sampled



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### Henry's Law

#### Henry's Law Definition

At a constant temperature, the amount of a given gas that dissolves in a given type of volume of liquid is directly proportional to the partial pressure of that gas in equilibrium with that liquid.

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### Henry's Law

#### Henry's Law Formula

$$P_i = K_h C_i$$

Where  $P_i$  = partial pressure of the gaseous solution  
 $K_h$  = Henry's constant, solute-solvent pair  
 $C_i$  = concentration of the dissolved gas

Relating this formula to alcohol analysis:  
 $P_i$  = concentration of ethanol in the headspace  
 $C_i$  = concentration of ethanol in the sample  
 $K_h$  = constant for ethanol/water

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### Henry's Law Constant, $K_h$

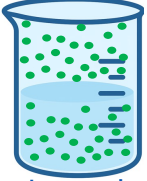
**Henry's Law Constant -  $K_h$**   
Proportionality factor that quantifies gas solubility in a liquid

**$K_h$  depends on System**  
e.g. Air to water

**$K_h$  Temperature**  
Temperature changes the Henry's law constant

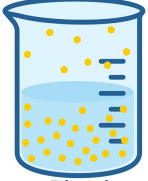
**Henry's Law Constant Value**  
Low → Higher concentration in headspace  
High → Lower concentration in headspace

Lower Constant  
 $K_h = 825$




Isopropanol

Higher Constant  
 $K_h = 1355$



Ethanol



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### Modifying Henry's Constant

✓  
 Equilibration Temperature

✓  
 Phase Ratio

✓  
 Salt addition

✓  
 Derivatization



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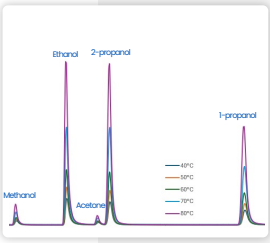
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### Equilibration Temperature

**What is Equilibration Temperature?**  
Temperature of the headspace oven  
All samples reach this temperature

**Effect of Equilibration temperature on instrument response**  
 ↑ temperature = ↓  $K_h$   
 ↓  $K_h$  = ↑ gas concentration





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### Acetaldehyde Production

**Ethanol Oxidation**  
Ethanol gets oxidized in Acetaldehyde at elevated temperatures.

**Proposed Reaction**  
CH3CH2OH + Hb-O2 -> CH3CHO + Hb

Smolton, K.W. and Brown, G.A. (1973). "The Stability of Ethanol in Stored Blood Part II. The Mechanism of Ethanol Oxidation." *Analytica Chimica Acta*, 66 (1973) 285-290.

**TABLE 3**  
BAC decrease after equilibration of blood samples at 50 °C and 60 °C.

Temperature (°C)	Equilibration time (minutes)	Blood alcohol concentration (%)	Blood alcohol concentration (%)
60	10	0.160	0.050
	50	0.099	0.048
	90	0.095	0.044
50	10	0.160	0.050
	50	0.095	0.049
	90	0.095	0.047
	120	0.096	0.046

Chiarotti, M. and De Giovanni, (1992). "Acetaldehyde accumulation during headspace gas-chromatographic determination of ethanol." *Forensic Sci Int* 20(1): 21-25.

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### Phase Ratio, $\beta$

**What is Phase Ratio?**  
Phase ratio is the volume of the gas divided by the volume of the liquid

$$\beta = \frac{V_{\text{gas}}}{V_{\text{liquid}}}$$

**Effect of Phase Ratio**  
As  $\beta$  increases, larger volume of gas compared to liquid, the response of the volatile compound decreases.

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### Salt Addition

**Salt Addition**  
Salting out effect  
Increases the ionic strength of the solution, causing other compounds to interact less with solution.  
If using 20 to 40% w/w it will maintain ionic strength

**Effect**  
Not the same for all compounds  
Low K values experience less change  
Volatile polar compounds in polar matrices will experience larger shifts

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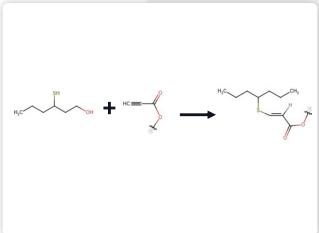
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### Derivatization

**What is Derivatization?**  
 Sample treated with a compound to form a product with a decreased K value.

**Examples**  
 Esterification or acetylation are some way to derivatize a compound  
 Fatty acids - alcohols - esterification



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### Type of Headspace Autosamplers



Gas Tight Syringe      Balanced Pressure System      Valve - Loop

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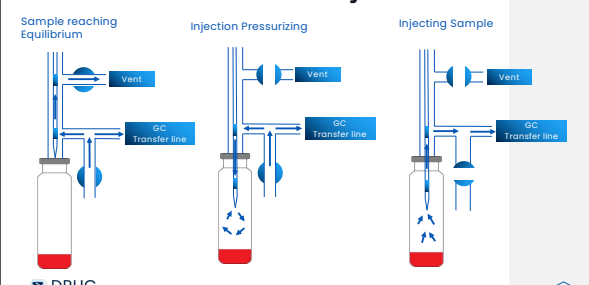
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### Balanced Pressure Injection



Sample reaching Equilibrium      Injection Pressurizing      Injecting Sample

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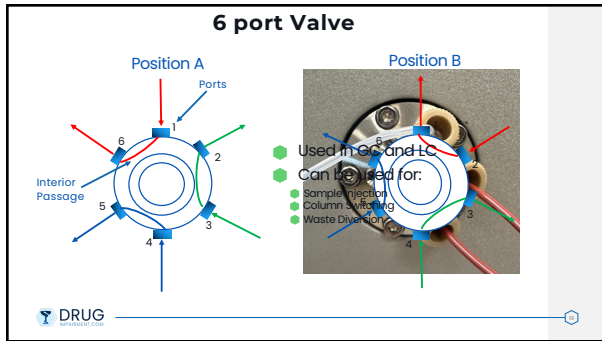
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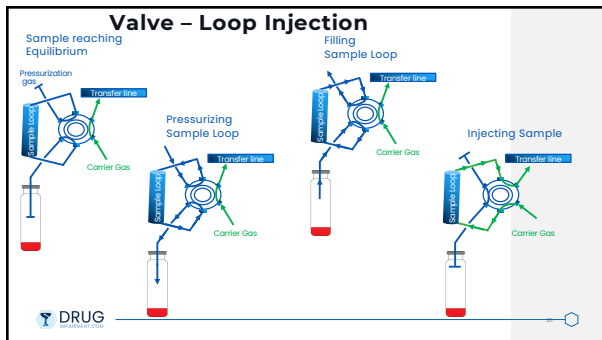
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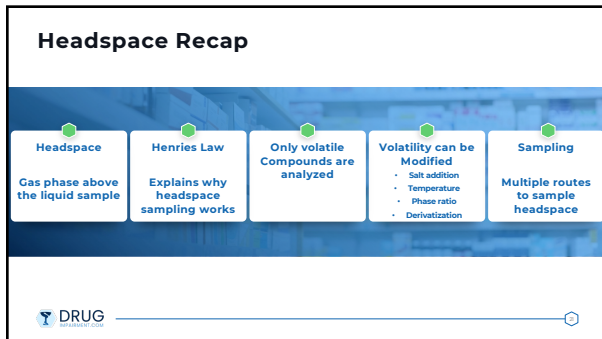
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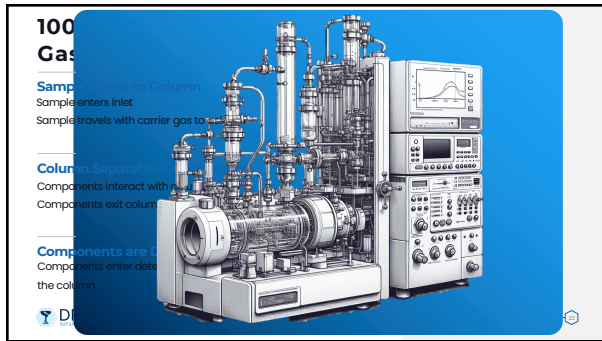
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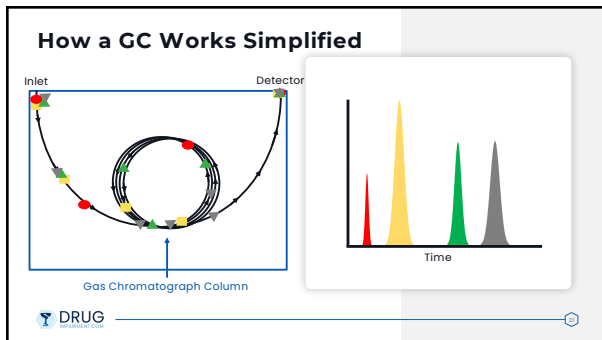
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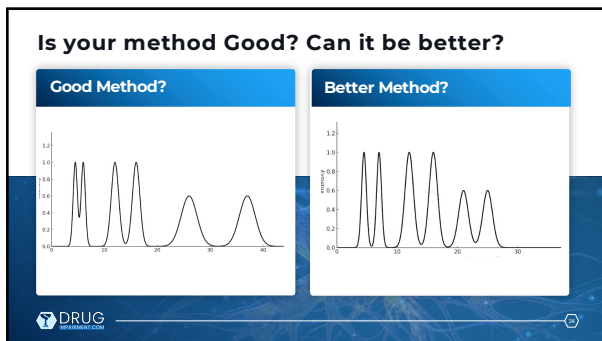
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### Resolution vs Sensitivity

Good Resolution Good Sensitivity (A)

Poor Resolution Good Sensitivity (B)

Good Resolution Poor Sensitivity (C)

Poor Resolution Poor Sensitivity (D)

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### Sensitivity

**Limit of Detection, LOD**  
Signal to noise – Height of analyte / Amplitude of noise

**ANSI/ASB 036**  
Standard Practice for Method Validation in Forensic toxicology First Edition 2019  
Reference material – Signal to noise > 3.3

**Multiple Determinations**  
Linear calibration curves =  $\frac{2.3-sy}{M}$   
sy = standard deviation of the y-intercept  
M = average slope

Signal to Noise

$S/N = \frac{\text{Peak height}}{\text{noise amplitude}}$      $S/N = 0.54$      $S/N = 5.4$

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### How to Improve Sensitivity

Increasing the amount of sample to detector will increase sensitivity

**Headspace Sampling**

- Salt Addition
- Temperature
- Phase Ratio
- Derivatization

**Gas Chromatograph**

- Larger injection Loop
- Increased injection time
- Column (stationary phase, length)\*
- Oven Temperature\*

\* Increasing efficiency of method sharper peaks = greater signal to noise increased sensitivity

**Flame Ionization Detector**

- Air and H<sub>2</sub> flow
- Makeup gas flow

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### Resolution

Measurement of the degrees of separation between two advancement peaks.

Baseline peak width	Half Height peak width
$R_s = \frac{(t_{r2} - t_{r1})}{0.5(w_1 + w_2)}$ <p> <math>t_{r2}</math> = Retention time peak 2  <math>t_{r1}</math> = Retention time peak 1  <math>w_1</math> = peak 1 width  <math>w_2</math> = peak 2 width                 </p>	$R_s = \frac{(t_{r2} - t_{r1})}{0.85(w_{1(0.5)} + w_{2(0.5)})}$ <p> <math>t_{r2}</math> = Retention time peak 2  <math>t_{r1}</math> = Retention time peak 1  <math>w_{1(0.5)}</math> = peak 1 width at half height  <math>w_{2(0.5)}</math> = peak 2 width at half height                 </p>

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### Resolution - Calculation

$R_s = \frac{(t_{r2} - t_{r1})}{0.5(w_1 + w_2)}$ 
 $R_s = \frac{(4.50 \text{ min} - 3.00 \text{ min})}{0.5(0.729 \text{ min} + 0.850 \text{ min})}$ 
 $R_s = 1.9$

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### Increasing resolution

Resolution Increasing

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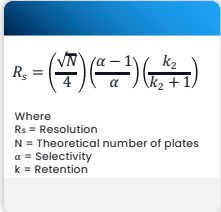
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### Fundamental Resolution Equation



Where  
 $R_s$  = Resolution  
 $N$  = Theoretical number of plates  
 $\alpha$  = Selectivity  
 $k$  = Retention

**Block 1 - Efficiency**

$\left(\frac{\sqrt{N}}{4}\right)$

- Length of Column
- Diameter of column
- Carrier gas type
- Linear velocity of carrier gas

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**Block 2 - Selectivity**

$\left(\frac{\alpha - 1}{\alpha}\right)$

- Stationary Phase
- GC oven Temperature

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**Block 3 - Retention**

$\left(\frac{k_2}{k_2 + 1}\right)$

- Inner Diameter of Column
- Film thickness of Column
- GC Oven Temperature

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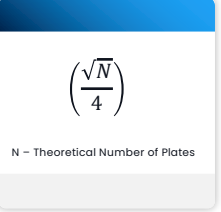
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### Fundamental Resolution Equation

#### Block 1 - Efficiency



N - Theoretical Number of Plates

**What is N, the theoretical number of plate?**

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### Number of Theoretical Plates (N)

**Concept Introduced in the 1930's**  
 Developed for Fractional Distillation.  
 Later applied to chromatography

**Theoretical Plate**  
 Represents a single equilibrium step between compound and stationary phase

**Can calculate N**  
 2 formulas - base of peak and half height

**To Remember**  
 Theoretical concept, no actual plates exist

Compounds have different theoretical plates on the same column

$$N = 16 \left(\frac{T_r}{W_b}\right)^2$$

$$N = 5.54 \left(\frac{T_r}{W_{1/2}}\right)^2$$

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### Theoretical Plates in Practice

**Compound A**  
Number of Theoretical Plates = 5

**Compound B**  
Number of Theoretical Plates = 10

**Number of Theoretical Plates**  
Number of Theoretical Plates = 10,000's or 100,000's

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### Fundamental Resolution Equation

#### Block 1 - Efficiency

$$\left(\frac{\sqrt{N}}{4}\right)$$

N - Theoretical Number of Plates

**Length of Column**  
N = 5000 with 15m column  
N = 10000 with 30m column

*Does not double resolution*

**Stationary Phase**  
Changes the # of equilibration steps

**Linear Gas Velocity**  
Faster gas flow decreases Number of Theoretical plates

**Carrier Gas Type**  
Changes the # of equilibration steps

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### Modifying Block 1 - Column Length

**Blue - Shorter Column**

- Peaks 1 and 2 Overlap
- Total run time -5 minutes

**Red - Longer Column**

- No peak overlap
- Peak Broadening - lower sensitivity
- Longer run time

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### Fundamental Resolution Equation Block 2 - Selectivity

$$\left(\frac{\alpha - 1}{\alpha}\right)$$

where  $\alpha = \frac{k_2}{k_1}$

k<sub>1</sub> and k<sub>2</sub> are the Retention factor, k, for the peaks 1 and 2

**Temperature of GC Oven**  
Can either increase or decrease selectivity depending on the compounds of interest

**Stationary Phase**  
Example - Change from Agilent DB-ALC 1 to a DB-ALC2 column

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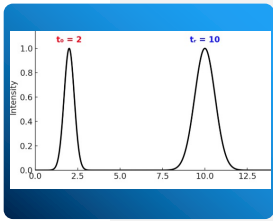
### Retention Factor, k

**What is Retention Factor?**  
Ratio of time solute spend in the stationary phase vs the carrier gas

**What influences k?**  
Compounds that interact longer with the column will have a higher retention factor

**Formula**  
 $k = \frac{(t_r - t_0)}{t_0}$  Where  $t_r$  = retention time of peak  
 $t_0$  = void time

**Target Retention Factor**  
First eluting compound > 1.0  
Target 1.5  
k > 1.5 is wasted analysis time



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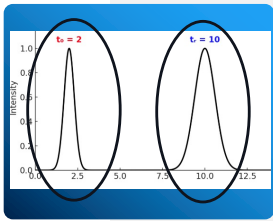
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### Retention Factor, K, Calculation

$$k = \frac{(t_r - t_0)}{t_0}$$

$$k = \frac{(10 - 2)}{2}$$

$$k = 4$$


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**Selectivity Calculation,  $\alpha = \frac{k_2}{k_1}$**

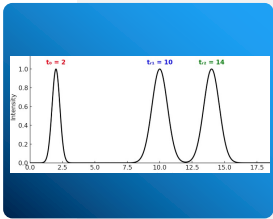
Retention Factor

$$k_1 = \frac{(t_{r1} - t_0)}{t_0} \quad k_2 = \frac{(t_{r2} - t_0)}{t_0}$$

$$k_1 = \frac{(10 - 2)}{2} \quad k_2 = \frac{(14 - 2)}{2}$$

$$k_1 = 4 \quad k_2 = 6$$

Selectivity

$$\alpha = \frac{k_2}{k_1} \quad \alpha = \frac{6}{4} \quad \alpha = 1.5$$


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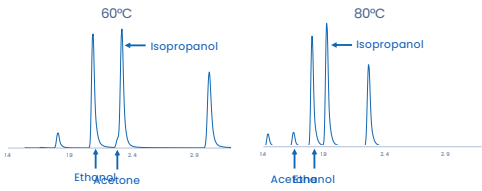
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**Selectivity - Oven Temperature Adjustment**



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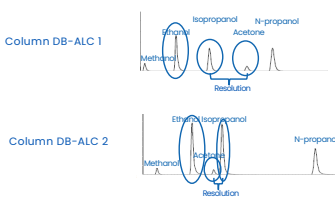
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**Selectivity - Stationary phase**



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### Fundamental Resolution Equation Block 2 - Selectivity

$$\left(\frac{\alpha - 1}{\alpha}\right)$$

where  $\alpha = \frac{k_2}{k_1}$

**Method development**  
Largest influence in resolution

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**Selectivity change from 1.1 to 1.5**  
267% increase in resolution

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**Selectivity is between 2 peaks**

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### Fundamental Resolution Equation Block 3 - Retention (capacity)

$$\left(\frac{k_2}{k_2 + 1}\right)$$

Where k<sub>2</sub> is the retention factor

**Retention Factor, K**  
Same retention factor previously discussed

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**Temperature**  
Lower column temperature increases retention

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**Carrier Gas Type and Velocity**  
Higher velocity lower retention factor

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**Stationary Phase**  
Different stationary phase

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### Retention - Temperature Adjustment

Change in retention varies depending on the compound properties

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### Modifying Retention

**Increase theoretical number of plate**  
 Improve resolution for peak 1 and 2 and 3 and 4  
 Increase run time and peak 5,6 will be broader

**Change Selectivity - Stationary Phase**  
 Might lead other peaks overlapping  
 Current method is close, just needs slight change

**Change Retention - GC Oven Temperature**  
 Increase retention for peak 1, 2, 3, and 4  
 Decrease retention for peaks 5 and 6

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### GC Oven Temperature Ramp

**GC Oven Temperature Profile**

Oven Temp vs Time

- Isothermal GC oven profile
- Varying Temperature GC oven profile

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### Resolution Recap

$$R_s = \left(\frac{\sqrt{N}}{4}\right) \left(\frac{\alpha - 1}{\alpha}\right) \left(\frac{k_2}{k_2 + 1}\right)$$

Efficiency    Selectivity    Retention

↓                    ↓                    ↓

Selection - Largest influence on resolution  
 Efficiency - Increasing N increases method run time  
 Retention - Similar to selectivity  
 - GC Oven temperature profile

**How to Modify**

<b>Selectivity</b>	<b>Efficiency</b>	<b>Retention</b>
• Stationary Phase	• Column Length	• Stationary Phase
• GC Oven temperature	• Stationary Phase	• GC Oven temperature
• Carrier Gas type	• Carrier gas type	• Carrier Gas type
	• Linear velocity carrier gas	• Linear Velocity carrier gas

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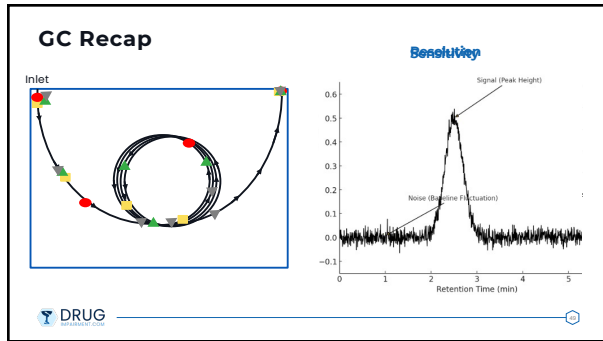
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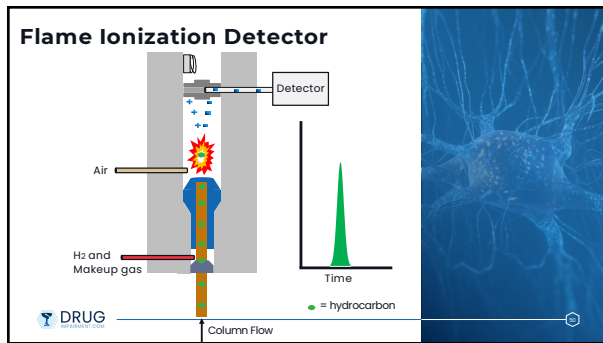
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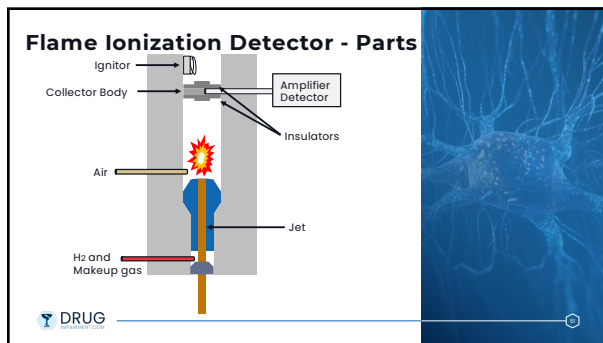
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### Makeup Gas

Column	Flow to Detector
2 mm Packed	20-30 mL/min
4 mm Packed	50-60 mL/min
Capillary	1-2 mL/min

**Makeup Gas**

- Carrier Gas or Nitrogen
- 10-30 mL/min

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### Makeup Gas Test

All instrument parameters the same except makeup gas flow

Acetone

Isopropanol

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### FID Benefits and Limitation

**Benefits**

- Sensitive
- Repeatable
- Wide detection range
- Simple to maintain
- Cheap

**Limitations**

- Hydrocarbon analytes
  - Cannot detect inorganic compounds
  - Poor response for compounds containing oxygen sulfur or halogens
- No structural information
- Cannot distinguish if compounds are overlapping

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### Headspace Gas Chromatography with a Flame Ionization Detector

<b>Headspace</b> <ul style="list-style-type: none"><li>Gas phase above liquid</li><li>Volatile compounds only</li><li>Simple sample prep</li><li>Reduces interference</li><li>Volatility of a compound can be modified</li></ul>	<b>Gas Chromatography</b> <ul style="list-style-type: none"><li>Separates compounds</li><li>Sensitivity and resolution needed</li><li>Increase sensitivity by adding more sample or sharper peaks (efficiency)</li><li>Fundamental Resolution Equation used to increase resolution</li></ul>	<b>Flame Ionization Detector</b> <ul style="list-style-type: none"><li>Sensitive, repeatable, wide concentration range, cheap, easy to maintain</li><li>Must ensure no interferences</li><li>Provides no structural information</li></ul>
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